

ÜLDINE

A2 – In E-class it is not allowed to dance the figures mentioned under “Notes”

1. Algajate stardiklassides A2, A4, A6 võivad Juunioride vanuserühma tantsijad tantsida üks aste kõrgema stardiklassi figuure. Alates E klassist tuleb tantsida stardiklassile vastavaid figuure.
2. Standardtantsudes ei ole algajate A2, A4 stardiklassides lubatud kasutada ettevalmistussammu.

LA tantsudes on Soolo tantsijate lubatud käte asendid:

A2 - CCC kinnine hoid

A4 – CCC käed vabad

Samba lubatud kinnine tantsu hoid. Pöörde ajal ja üks whisk enne pööret käed vabad

A6 – Kõigis kolmes tantsus käed vabad

Waltz

Eesti A2

Basic positions: Close Hold, Close hold both forearms raised

- RF Closed Change
- LF Closed Change

Eesti A4

Basic positions: Close Hold, Close hold both forearms raised

- Natural Turn (Body turn 1/4 turn up to 3/8 turn)

- Reverse Turn (Body turns less – 1/4 turn to L on a beat)

Eesti A6

- Natural Spin Turn
- Hesitation Change
- Outside Change
- Chasse from PP
- Weave in Waltz Time
- Progressive Chasse to Right

Eesti E klass

- Reverse Corte
- Hover Corte
- Whisk
- Back Whisk
- Weave from PP
- Back Lock
- Cross Hesitation
- Drag Hesitation

Eesti D klass

Figuurid leiad siit:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

Tango

Tangot tantsime alates D klassist. Lubatud:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

VIENNESE WALTZ

Eesti A6

- Natural Turn

E – klass

- Reverse Turn
- Change from Natural Turn to Reverse Turn
- Change from Reverse Turn to Natural Turn
- Backward Change from Natural Turn to Reverse Turn
- Backward Change from Reverse Turn to Natural Turn

QUICKSTEP

Eesti A4

- Quarter Turn to R
- Progressive Chasse
- Quarter Turn to L
- Forward Lock Step
- Natural Pivot Turn (also under turned)

Eesti A6

- 1-3 of Natural Turn
- Backward Lock Step
- Tipple Chasse to R
- Tipple Chasse to L
- Natural Spin Turn

Eesti E klass

- Running Finish
- Zig Zag, Back Lock and Running Finish
- Natural Turn, Back Lock and Running Finish
- V-6
- Outside Change
- Natural Turn at a Corner
- Natural Turn with Hesitation
- Chasse Reverse Turn
- Progressive Chasse to the Right
- Cross Chasse

D – klass

Figuurid leiad siit:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

**Starting from the E-class it is allowed to dance solo, using allowed figures, for eight beats of music before choreography starts.*

SAMBA

A4

Basic positions: Close Hold or allowed figures hands must be according to WDSF book rules

- Natural Basic Movement
- Reverse Basic Movement
- Side Basic Movement
- Whisk to L
- Whisk to R
- Underarm turn (**Open position with L to R hand hold**)
- Stationary Samba Walks

A6

- Travelling Botafogo's Forward
- Promenade Samba Walks (Samba Walks in PP)
- Side Samba Walks
- Criss Cross Botafogo

E-klass

- Samba locks
- Voltas
- Circular volta
- Cruzados walks
- Cruzados locks
- Maypole

D-klass

Figuurid leiad siit:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

CHA-CHA-CHA

Eesti A2

Basic positions: Close Hold or allowed figures hands must be according to WDSF book rules

- Closed Basic Movement
- Time Steps

Eesti A4

- New York to Left Side Position (Check from Open PP)
- New York to Right Side Position (Check from Open CPP)
- Spot Turns to Left
- Spot Turns to Right
- Underarm Turns to Right
- Underarm Turns to Left
- Hand to Hand (to Right Side Position)
- Hand to Hand (to Left Side Position)

Eesti A6

- (Left side) Shoulder to Shoulder
- (Right side) Shoulder to Shoulder
- Time Steps (with Latin Cross)
- Open Basic Movement
- Three Cha Cha Chas Fwd., in Open Position
- Three Cha Cha Chas Bwd., in Open Position
- Three Cha Cha Chas Fwd. in CPP (or L side Position)
- Three Cha Cha Chas Fwd. in PP (or R side Position)
- Cross Basic

Eesti E klass

- Natural Top
- Natural Opening Out Movement (to Right)
- Fan
- Hockey Stick
- Alemana From Fan Pos
- Alemana From Open (Facing) Pos
- Side Steps to R
- Side Steps to L
- Closed Hip Twist
- Open Hip Twist
- Advanced Hip Twist
- Aida (Fallaway) With Endings 1 and 2
- Alemana From Open (Facing) Position with R-to-R hand Hold
- Advanced Hip Twist Development (with R-to-R hand Hold)

D klass

Figuurid leiad siit:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

RUMBA

D – klass

Figuurid leiad siit:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

JIVE

A6

- Basic in Place
- Basic in Fallaway (Fallaway Rock)
- Link Rock: (1 Chasse or 2 Chasses: not permitted to repeat steps 1-2)
- Change Of Place R to L
- Change of Place L to R
- American Spin
- Left Shoulder Shove (Hip Bump)
- Fallaway Throwaway
- Stop and Go
- Change of Hands Behind Back
- Whip

Eesti E klass

- Link, Link Rock
- Alternative Method of Dancing the Walks (*with Merengue action*)
- Simple Spin *from Open Position*
- Change of Place Left to R *finishing VCPP*
- Stop and go – *change of lock*
- Mooch
- Throwaway Whip (Whip Throwaway)
- Throwaway Whip, Steps 1-2 repeated Twice (Double Whip Throwaway)
- Promenade Walks (Slow)
- Promenade Walks (Quick)
- Double Cross Whip (Double Whip)

a) Flick (Kick) Ball Change

b) Point, Ball Change

c) Hesitation, Ball Change

d) Hesitation, Close, Forward

e) Hesitation, Half Close, Forward

But just in way how it is described on the ISTD and IDTA technique books (step back not permitted).

D – klass

Figuurid leiad siit:

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