

## ÜLDINE

### **A2 – In E-class it is not allowed to dance the figures mentioned under “Notes”**

1. Algajate stardiklassides A2, A4, A6 võivad Juunioride vanuserühma tantsijad tantsida üks aste kõrgema stardiklassi figuure. Alates E klassist tuleb tantsida stardiklassile vastavaid figuure.
2. Standardtantsudes ei ole algajate A2, A4, A6 stardiklassides lubatud kasutada ettevalmistussammu.

### **LA tantsudes on Soolo tantsijate lubatud käte asendid:**

**A2** - CCC kinnine hoid

**A4** – CCC käed vabad

Samba lubatud kinnine tantsu hoid. Pöörde ajal ja üks whisk enne pööret käed vabad

**A6** – Kõigis kolmes tantsus käed vabad

## **Waltz**

### **Eesti A2**

#### **Basic positions: Close Hold, Close hold both forearms raised**

- RF Closed Change
- LF Closed Change

### **Eesti A4**

#### **Basic positions: Close Hold, Close hold both forearms raised**

- Natural Turn (Body turns less – 1/4 turn to R on a beat)

- Reverse Turn (Body turns less – 1/4 turn to L on a beat)

### **Eesti A6**

- LF Backward Passing Change
- RF Backward Passing Change
- Natural Spin Turn
- Hesitation Change
- Outside Change
- Chasse from PP
- Weave in Waltz Time
- Progressive Chasse to Right

### **Eesti E klass**

- Reverse Corte
- Hover Corte
- Whisk
- Back Whisk
- Weave from PP
- Back Lock
- Cross Hesitation
- Drag Hesitation

### **Eesti D klass**

Figuurid leiad siit:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

## **Tango**

Tangot tantsime alates D klassist. Lubatud:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

## **VIENNESE WALTZ**

### **Eesti A6**

- Natural Turn

### **E – klass**

- Reverse Turn
- Change from Natural Turn to Reverse Turn
- Change from Reverse Turn to Natural Turn

- Backward Change from Natural Turn to Reverse Turn
- Backward Change from Reverse Turn to Natural Turn

## QUICKSTEP

### Eesti A4

- Quarter Turn to R
- Progressive Chasse
- Quarter Turn to L
- Forward Lock Step
- Natural Pivot Turn (also underturned)

### Eesti A6

- 1-3 of Natural Turn
- Backward Lock Step
- Tipple Chasse to R
- Tipple Chasse to L
- Natural Spin Turn

### Eesti E klass

- Running Finish
- Zig Zag, Back Lock and Running Finish
- Natural Turn, Back Lock and Running Finish
- V-6
- Outside Change
- Natural Turn at a Corner
- Natural Turn with Hesitation
- Chasse Reverse Turn
- Progressive Chasse to the Right
- Cross Chasse

### D – klass

Figuurid leiad siit:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

*\*Starting from the E-class it is allowed to dance solo, using allowed figures, for eight beats of music before choreography starts.*

# SAMBA

## A4

### **Basic positions: Close Hold, Close hold both forearms raised**

- Natural Basic Movement
- Reverse Basic Movement
- Side Basic Movement
- Whisk to L
- Whisk to R
- Underarm turn (**Open position with L to R hand hold**)
- Stationary Samba Walks

## A6

- Travelling Botafogos Forward
- Promenade Samba Walks (Samba Walks in PP)
- Side Samba Walks
- Criss Cross botafogo

## E-klass

- Samba locks
- Voltas
- Circular volta
- Cruzados walks
- Cruzados locks
- Maypole

## D-klass

Figuurid leiad siit:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

# CHA-CHA-CHA

## Eesti A2

### **Basic positions: Close Hold, Close hold both forearms raised**

- Basic Movement In Place ( Compact Chasse)
- Side Basic Movement (Side Chasse) or Time Steps (without Latin Cross)

- Close or Closed Basic Movement (Compact Chasse)

#### **Eesti A4**

- New York to Left Side Position(Check from Open PP)
- New York to Right Side Position(Check from Open CPP)
- Spot (and Switch) Turns To Left
- Spot (and Switch) Turns To Right
- Underarm Turns to Right
- Underarm Turns to Left
- Hand to Hand (to Right Side Position)
- Hand to Hand (to Left Side Position)

#### **Eesti A6**

- (Left side) Shoulder to Shoulder
- (Right side) Shoulder to Shoulder
- Time Steps (with Latin Cross)
- Open Basic Movement
- Three Cha Cha Chas Fwd, in Open Position
- Three Cha Cha Chas Bwd, in Open Position
- Three Cha Cha Chas Fwd in CPP (or L side Position)
- Three Cha Cha Chas Fwd in PP (or R side Position)
- Cross Basic

#### **Eesti E klass**

- Natural Top
- Natural Opening Out Movement (to Right)
- Fan
- Hockey Stick
- Alemana From Fan Pos
- Alemana From Open (Facing) Pos
- Side Steps to R
- Side Steps to L
- Closed Hip Twist
- Open Hip Twist
- Advanced Hip Twist
- Aida (Fallaway) With Endings 1 and 2
- Alemana From Open (Facing) Position with R to R hand Hold
- Advanced Hip Twist Development (with R to R hand Hold)

#### **D klass**

Figuurid leiad siit:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

# RUMBA

## D – klass

Figuurid leiad siit:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

# JIVE

## A6

- Basic in Place
- Basic in Fallaway (Fallaway Rock)
- Link Rock: (1 Chasse or 2 Chasses: not permitted to repeat steps 1-2)
- Change Of Place R to L
- Change of Place L to R
- American Spin
- Left Shoulder Shove (Hip Bump)
- Fallaway Throwaway
- Stop and Go
- Change of Hands Behind Back
- Whip

## Eesti E klass

- Link, Link Rock
- Alternative Method of Dancing the Walks (*with Merengue action*)
- Simple Spin *from Open Position*
- Change of Place Left to R *finishing VCPP*
- Stop and Go – *change of lock*
- Mooch
- Throwaway Whip (Whip Throwaway)
- Throwaway Whip, Steps 1-2 repeated Twice (Double Whip Throwaway)
- Promenade Walks (Slow)
- Promenade Walks (Quick)
- Double Cross Whip (Double Whip)

- a) Flick (Kick) Ball Change
- b) Point, Ball Change
- c) Hesitation, Ball Change
- d) Hesitation, Close, Forward
- e) Hesitation, Half Close, Forward

But just in way how it is described on the ISTD and IDTA technique books (step back not permitted).

## D – klass

Figuurid leiad siit:

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