

* A2 – In E-class it is not allowed to dance the figures mentioned under “Notes”

Waltz

Eesti A2

Basic positions: Close Hold, Close hold both forearms raised

- RF Closed Change
- LF Closed Change

Eesti A4

Basic positions: Close Hold, Close hold both forearms raised

- Natural Turn (Body turns less – 1/4 turn to R on a beat)
- Reverse Turn (Body turns less – 1/4 turn to L on a beat)

Eesti A6

- LF Backward Passing Change
- RF Backward Passing Change
- Natural Spin Turn
- Hesitation Change
- Outside Change
- Chasse from PP
- Weave in Waltz Time
- Progressive Chasse to Right

Eesti E klass

- Reverse Corte
- Hover Corte
- Whisk
- Back Whisk
- Weave from PP
- Back Lock
- Cross Hesitation
- Drag Hesitation

Eesti D klass

Figuurid leiad siit:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

Tango

Tangotantsime alates D klassist. Lubatud:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

VIENNESE WALTZ

Eesti A6

- Natural Turn

E – klass

- Reverse Turn
- Change from Natural Turn to Reverse Turn
- Change from Reverse Turn to Natural Turn
- Backward Change from Natural Turn to Reverse Turn
- Backward Change from Reverse Turn to Natural Turn

QUICKSTEP

Eesti A4

- Quarter Turn to R
- Progressive Chasse
- Quarter Turn to L
- Forward Lock Step
- Natural Pivot Turn (also underturned)

Eesti A6

- 1-3 of Natural Turn
- Backward Lock Step
- Tipple Chasse to R
- Tipple Chasse to L
- Natural Spin Turn

Eesti E klass

- Running Finish
- Zig Zag, Back Lock and Running Finish
- Natural Turn, Back Lock and Running Finish
- V-6
- Outside Change
- Natural Turn at a Corner

- Natural Turn with Hesitation
- Chasse Reverse Turn
- Progressive Chasse to the Right
- Cross Chasse

D – klass

Figuurid leiad siit:

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**Starting from the E-class it is allowed to dance solo, using allowed figures, for eight beats of music before choreography starts.*

SAMBA

A4

Basic positions: Close Hold, Close hold both forearms raised

- Natural Basic Movement
- Reverse Basic Movement
- Side Basic Movement
- Whisk to L
- Whisk to R
- Underarm turn (**Open position with L to R hand hold**)
- Stationary Samba Walks

A6

- Travelling Botafogos Forward
- Promenade Samba Walks (Samba Walks in PP)
- Side Samba Walks
- Criss Cross botafogo

E-klass

- Samba locks
- Voltas
- Circular volta
- Cruzados walks
- Cruzados locks
- Maypole

D-klass

Figuurid leiad siit:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

CHA-CHA-CHA

Eesti A2

Basic positions: Close Hold, Close hold both forearms raised

- Basic Movement In Place (Compact Chasse)
- Side Basic Movement (Side Chasse) or Time Steps (without Latin Cross)
- Close or Closed Basic Movement (Compact Chasse)

Eesti A4

- New York to Left Side Position(Check from Open PP)
- New York to Right Side Position(Check from Open CPP)
- Spot (and Switch) Turns To Left
- Spot (and Switch) Turns To Right
- Underarm Turns to Right
- Underarm Turns to Left
- Hand to Hand (to Right Side Position)
- Hand to Hand (to Left Side Position)

Eesti A6

- (Left side) Shoulder to Shoulder
- (Right side) Shoulder to Shoulder
- Time Steps (with Latin Cross)
- Open Basic Movement
- Three Cha Cha Chas Fwd, in Open Position
- Three Cha Cha Chas Bwd, in Open Position
- Three Cha Cha Chas Fwd in CPP (or L side Position)
- Three Cha Cha Chas Fwd in PP (or R side Position)
- Cross Basic

Eesti E klass

- Natural Top
- Natural Opening Out Movement (to Right)
- Fan
- Hockey Stick
- Alemana From Fan Pos
- Alemana From Open (Facing) Pos

- Side Steps to R
- Side Steps to L
- Closed Hip Twist
- Open Hip Twist
- Advanced Hip Twist
- Aida (Fallaway) With Endings 1 and 2
- Alemana From Open (Facing) Position with R to R hand Hold
- Advanced Hip Twist Development (with R to R hand Hold)

D class

Figuurid leiad siit:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

RUMBA

D – klass

Figuurid leiad siit:

<https://www.worlddancesport.org/Rule/Competition/General/Syllabus>

JIVE

A6

Basic positions: Close Hold, Close hold both forearms raised

- Basic in Place
- Basic in Fallaway (Fallaway Rock)
- Link Rock: (1 Chasse or 2 Chasses: not permitted to repeat steps 1-2)
- Change Of Place R to L
- Change of Place L to R
- American Spin
- Left Shoulder Shove (Hip Bump)
- Fallaway Throwaway
- Stop and Go
- Change of Hands Behind Back
- Whip

Eesti E klass

- Link, Link Rock
- Alternative Method of Dancing the Walks (*with Merengue action*)
- Simple Spin *from Open Position*
- Change of Place Left to R *finishing VCPP*
- Stop and Go – *change of lock*
- Mooch
- Throwaway Whip (Whip Throwaway)

- Throwaway Whip, Steps 1-2 repeated Twice (Double Whip Throwaway)
- Promenade Walks (Slow)
- Promenade Walks (Quick)
- Double Cross Whip (Double Whip)

- a) Flick (Kick) Ball Change
- b) Point, Ball Change
- c) Hesitation, Ball Change
- d) Hesitation, Close, Forward
- e) Hesitation, Half Close, Forward

But just in way how it is described on the ISTD and IDTA technique books (step back not permitted).

D – klass

Figuurid leiad siit:

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